



inSPIRE

ROLLING HILLS NEWS

A Community of Grace and Love

Rev. Ted Said . . .

“The Health of Thankfulness and Gratitude”

Let the peace of Christ rule in your hearts... be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God.

Colossians 3:14-16

The University of Minnesota and others have done extensive research and published studies about an effective intervention that produces positive outcomes in nearly every arena of health and wellness. They have discovered something that boosts your immune system, lowers blood pressure, makes you feel more optimistic, decreases depression, improves your love life and helps you cope with even the most life-threatening crisis.

You want to know what it is – ***Thankfulness and Gratitude*** . . .

Ready to begin? Here are some tips from the research that will put you on the path to a healthy, vibrant Christian lifestyle:

1. Every day when your head hits the pillow, quickly say three things you are thankful for. Better yet, around the dinner table have everyone say what they are thankful for.
2. Say 'thank you' to your family, friends and co-workers – every day.
3. Feeling angry? STOP, and take a quick inventory of thankfulness.
4. Thank yourself – look in the mirror and say, “Thank you, Rev Ted!” (of course you insert your name)
5. Use ‘snail mail’ or technology to send thank you messages every week.
6. Practice the Sabbath (a day of rest and relaxation) – stop and say 'thank you' to God.
7. When life kicks you around, find the silver lining. Can you make lemonade out of lemons?
8. Focus outward with empathy, service and compassion – show your gratitude in serving others.
9. Walk a mile in someone else’s shoes . . . I promise you will find your life quite delightful.
10. Buy a big, lovable stuffed bear and hug it every day!

Soli Deo Gloria,

Rev. Ted Pierce

The Rev. Dr. Ted Pierce





SPECIAL WORSHIP EVENTS



Join us for one of our favorite events of the year - Thanksgiving Day worship and meal. We'll worship in the Sanctuary at 11 a.m. followed by a delicious catered meal at noon. You can come to worship, the meal or attend both!

If you're coming for the meal, you must RSVP and pay by November 13 to the Church Office. Cost for the meal is \$11/adult and \$6 for children 10 and under. *If cost is a concern, please contact Susan@rollinghillskc.org.*



SUNDAY, DECEMBER 3

9:00 a.m. Traditional worship

10:15 a.m. Brief worship followed by Hanging of the Greens and lunch

Activities for this special day include:

- Decorating Christmas trees
- Hanging wreaths
- Making ornaments
- Team playing of Christmas Trivial Pursuit
- Wrapping presents and making gift tags
- Stringing popcorn and cranberries
- Creating paper chains of Biblical verses
- Crafting for children

We will also collect small gifts (\$10 and under) for the Kansas City Indian Center, Pine Ridge Reservation and Uplift Homeless Shelter in Kansas City. More details on types of gifts will be in the November bulletins!

Lunch will be provided by the Deacons. We are excited to bring back this wonderful tradition!

ANNOUNCEMENTS

Friends of Music & the Arts Presents: The East Hill Singers

Sunday, November 12
4 p.m.
Rolling Hills Church

The East Hill Singers, presented by Arts in Prison, will perform at Rolling Hills on Sunday, Nov. 12 at 4 p.m. The concert, "Magic of Music," will feature choir favorites from spiritual to show tunes. Conducted by Kirk Carson, the East Hill Singers is a men's chorus comprised of inmates from the minimum security unit at Lansing Correctional Facility in Lansing, Kansas and volunteer singers from the metro Kansas City area. The chorus is a program of Arts in Prison, a local nonprofit that provides arts education and programs in Kansas State prisons and state detention centers. Arts in Prison uses the arts as a medium to help the incarcerated change their thinking, improve their decision making and imagine a more positive future. There will be an exhibit of art and writing created in other Arts in Prison programs to accompany the concert.

This is a free-will offering event.

Welcome Minister of Church Life, Rev. Laurie Anderson!



*Laurie with
her children
Ben & Bonnie*

We are thrilled to welcome Rev. Laurie Anderson to Rolling Hills! Her first day will be Tuesday, Nov. 7. Laurie is presently a minister at First Christian Church in Girard, Kansas. She has also been an Associate Pastor in Raymore, Missouri and was an Interfaith Associate at Presbyterian Mission Agency in Louisville, Kentucky.

Silver Singles

Silver Singles will meet at Cheddars (near Oak Park Mall) at 11:15 a.m. on Thursday, Nov. 17. For questions, contact Donna Leyda, 913-649-7994.

Endowment

Have you considered a planned gift to Rolling Hills? Please contact the church office or Rev. Dr. Ted Pierce today!

The 50 FORWARD Club Shepherd's Center Event

Android Cell Phone "Teach & Learn" Session

THE 50 FORWARD CLUB® of Shepherd's Center Central will hold a "Teach and Learn" seminar for Android Phone users on Thursday, November 9, 2017 from 10 a.m. to 12 p.m. Carla Grant will serve as group facilitator and be on hand to help you make the most of the features of your Android phone. A 30 minute lesson will be followed by 90 minutes where students can ask the instructor and each other questions. \$10.00—Reservation required. Make checks payable to Shepherd's Center Central.

When: Thursday, November 9; 10 a.m. to 12 p.m.
Where: Rolling Hills Presbyterian Church

Contact Melissa Delaney at mdelaney@sccentral.org to sign up.



Welcome New Members in October!

Elizabeth & Tom Paolini
with son Edward



OUTREACH

Thanksgiving Food Bags

Thanksgiving is upon us! A list of food items is available in each bag, in your Sunday bulletins and included to the right of this page! Simply fill the bag and bring it back to the church. Please bring only the items on the list and no glass. The groceries will be going to Operation Breakthrough, Village Food Pantry and Kansas City Indian Center.

Volunteers will be needed on Monday, Nov. 6 and 12 at 10 a.m. to sort the bags for each organization receiving the food. Volunteer drivers are needed to take the food to each location. Sign up by calling the Church Office.

Help us reach our goal of 300 filled bags, to serve 2,000 families!

Outreach Update

The Outreach Committee welcomed Doug Friedel, who shared information on Christmas in October. The program helps “spruce up” homes in the Kansas City area. Doug came to the committee to request funding for supplies needed to restore the 3 homes being worked on by our members in the Ivanhoe neighborhood. You may have met the homeowners at Celebration Sunday. The committee voted to give \$600 to Christmas in October.

SHOPPING LIST NO GLASS! – Plastic Jars Only

- Fruit – Apple/Cranberry Sauce
- Vegetables (general) *Beets, carrots, corn, green beans, tomatoes, sweet potatoes*
- Pumpkin pie filling/mix
- Ravioli
- Spaghetti-o’s
- Soup
- Tuna/Chicken
- Turkey gravy
- Evaporated milk
- Broth

Jars (plastic only)

- Baby food
- Jelly

Snack Aisle

- Crackers
- Pre-sweetened drink mix

Boxed items (some bagged)

- Hamburger/Tuna helper
- Mashed potatoes (instant)
- Macaroni and Cheese
- Meal-in-one kits
- Stuffing mix
- Pasta and pasta sauce

Baking Aisle

- Corn bread mix (not corn meal)
- 1 lb. granulated sugar
- Flour
- Baking powder
- Brown sugar
- Vanilla
- Vegetable shortening
- Pie Crust Mix

Breakfast Aisle

- Breakfast cereal (boxes)
- Breakfast bars
- Instant oatmeal
- Pancake mix/syrup

Misc.

- Toilet paper and paper towels

GUATEMALAN STUDENTS



Cordial greetings, hoping and desiring abundant blessings on your church and on you. The reason for this letter is to show my appreciation for the opportunity to obtain the scholarship in order to make possible my university studies. My gratitude and appreciation are so deep toward the church. May God multiply this help toward all of you. Thanks to all the people who make my laughter more musical, my smile more brilliant, and my life better. May God bless you all!

*Yours truly,
Pablo Cesar Tzunun Leon*

I am sending all of you brotherly greetings from the community of San Gregorio Quixaya, San Lucas Toliman, wishing blessings for all of you. I take this opportunity to strongly thank you for the effort you are making with the youth, especially me! With the program of scholarships you do not have any obligations but I know that you are doing it with your whole heart. And it is for that reason that God will multiply this blessing. Thank you very much! I am hoping for help next year, if God permits.

*Yours truly,
Cesia Lizeth Castro Chuta (Cesia)*



CHRISTMAS OFFERING

After much thought and prayer, your Outreach Committee has chosen this year's Christmas Offering recipient. We are proud to announce that **Covenant Community Health and Wellness** will benefit from your generosity this holiday season.

Who Are They?

Covenant provides the tools and resources for their neighbors to make an impact on their own health and wellness. Located at 5931 Swope Parkway. Their neighborhood, and the entire 64130 zip code, is one of the areas with the highest incidence of diabetes and heart disease.

What Do They Do?

Faith Community Nurse, Laura Hyland, helps neighbors navigate the health care system, educates them on their health challenges and works toward setting healthier goals.

Currently they offer classes in diabetes management, cooking and nutrition courses, a walking club, tai chi for women and seniors and tele-dental services.

They also house a food pantry, in partnership with Harvesters, which distributes food to 250 families each month.

More information on their needs will be available in the December *inSpire*.



A NOTE FROM YOUR PERSONNEL COMMITTEE

Rolling Hills Members,

We are aware there may be some confusion about The Rev. Dr. Ted Pierce's title and our relationship with Presbytery. Let's clear that up.

Ted's official status remains Associate Pastor, Teaching Elder, and now also, Head of Staff. He is essentially serving as head pastor and can continue to perform all the functions he is today without approval from Presbytery. Ted works closely with the Session and the Personnel Committee, who remain committed to Ted, and Ted remains committed to Rolling Hills. In the meantime, we will continue to work with Presbytery and hope to resolve all issues in the near future. Our goal is to confirm Rev. Pierce as our Senior Pastor.

Please know that any contributions you make to Rolling Hills are used for our work across the sanctuary, across the street and across the sea.

Please contact either one of us if you have any questions.

Sincerely,

John Quick and Nancy Spangler, on behalf of the Personnel Committee



CHILDREN & FAMILY

Slimy Sunday

K-3rd graders (and your families) - Stay after church on Nov. 5 in the Children's Center for Slimy Sunday. Come make some slime with your RH family.

Piano Players Needed!

We are looking for our RH kids who play the piano and know a song that could be played for our family service on Christmas Eve. If you are interested in playing please contact Amy at Amy@rollinghillskc.org.

Rosebud Sunday

Rosebud Sunday will be held on Sunday, November 12. Please contact Amy, at amy@rollinghillskc.org to be honored in this sweet tradition for new babies in our church family.

MARK YOUR CALENDARS!

Saturday, Dec. 9: Santa Breakfast

Sunday, Dec. 10: Caroling

More info to come on these fun December events!

4th & 5th Grade Fellowship

We will have a Service Sunday for 4th & 5th Grade Fellowship on Nov. 12 from 11:15 a.m. to 12:30 p.m. We will bake muffins for some church members and enjoy hot dogs. RSVP to Amy at Amy@rollinghillskc.org.



HE'S BACK IN TOWN!

BREAKFAST WITH SANTA
at Rolling Hills

Saturday, Dec. 9
8:30 - 10:00 AM

HAYRIDE FUN!



YOUTH "LOVE IN WORK CLOTHES"



RHPC SENIOR HIGH RETREAT

November 17-19

Heartland Presbyterian Center

Cost: \$65

Registration due Nov. 5

We are working on college care packages. If you have a kid in college, please send Mich his/her address.

Thank you!

Sunday Youth Group

Middle School meets from 5:30 to 7 p.m. and High School meets from 6:30 to 8 p.m. Dinner will be served from 6:30 to 7 p.m.

Nov. 5: Interactive Life Lessons/Bring your leftover Halloween candy for a lesson on ways to transform candy into other great treats! NO CANDY WITH NUTS PLEASE!

Nov. 12: Service Projects; **1st Christmas play rehearsal from 6 to 6:30 p.m.**

Nov. 19: Middle School Progressive Lunch. Meet at the church at 11:30 a.m. We will need some extra parent drivers as we visit: Lettie's for appetizers, Nina's for lunch, and a joint dessert back at the church hosted by Emma and Jackson! No Senior High Youth Group; **Christmas play rehearsal from 5:30 to 6:30 p.m.**

Nov. 23: Thanksgiving worship (11 a.m.) and meal (12 p.m.) at Rolling Hills

Nov. 26: Thanksgiving Weekend - No Youth Group; **Christmas play rehearsal during church school hours**

OCTOBER FUN!

Thank you to the youth, parents and RH members for a successful pancake breakfast fundraiser. We raised \$2,400!



*in*SPIRE*
Rolling Hills
Presbyterian
Church

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Overland Park, KS
66207-2565
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GRACE *Celebration Day*

